

# Essential Skills Poster

## Program Each Other (ages 7+)



get.with.the  
PROGRAM 

## Skills Builder

The Skills Builder Partnership works to ensure that one day everyone builds the essential skills to thrive. The 8 **essential skills** can be found below, with the appropriate Skills Builder steps you will be working towards while completing this activity.

(More information can be found at [www.skillsbuilder.org](http://www.skillsbuilder.org)).



### Checking

I ask questions  
if I don't  
understand

Step 3 in the  
Listening skill



### Discussing together

I communicate  
clearly in a  
small group

Step 2 in the  
Speaking skill



### Sharing problems

I describe  
problems to  
others

Step 3 in the  
Problem Solving skill



### Generating ideas

I create ideas  
to solve a  
problem

Step 4 in the  
Creativity skill



### Managing reactions

I respond  
calmly when  
faced with  
challenges

Step 4 in the  
Adapting skill



### Working carefully

I work with care  
and attention

Step 3 in the  
Planning skill



### Organising tasks

I divide up tasks  
in a fair way

Step 4 in the  
Leadership skill



### Taking responsibility

I take  
responsibility  
for completing  
tasks

Step 4 in the  
Teamwork skill